

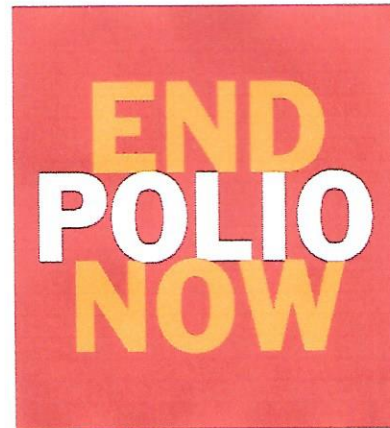


ROTARY walks to

SIBU to KUCHING, SARAWAK April 20 to May 1st, 2015

Ending at the District Conference to be held in Kuching from May 1 – 3, 2015

WALK DETAILS



Purpose : To raise Funds as a District towards Rotary International's End-Polio Programme.

This is the 4th Walk organised by D3310 involving 422 km of walking over 11 Days

Distance : 422 km. Approx 40km per Day.

Timing : Midnite : Light breakfast
01:00 to 11:00 hrs Walking period
11:00 – 12:00 Lunch & Check-in to Budget hotel
13:00 – 18:00 Rest period
18:00 – 19:00 Light Dinner
19:00 – 24:00 rest period
Repeat for 11 Days
May 1st : 09:30am Closing Walk in Kuching to DC Hotel

APPROX. COSTS : Note ALL Participants are to pay their own way !
(Unless they get sponsors for their costs)

Hotel : 12 days x RM 100	=	RM 1200
Meals : 11 days x RM 50	=	RM 550
Safety vest & lights (1 set)	=	RM 100

Total approx. costs = RM 1850

Contact : AG Tay Wei Lien : wltayqs@gmail.com
if intending to participate and for further information