



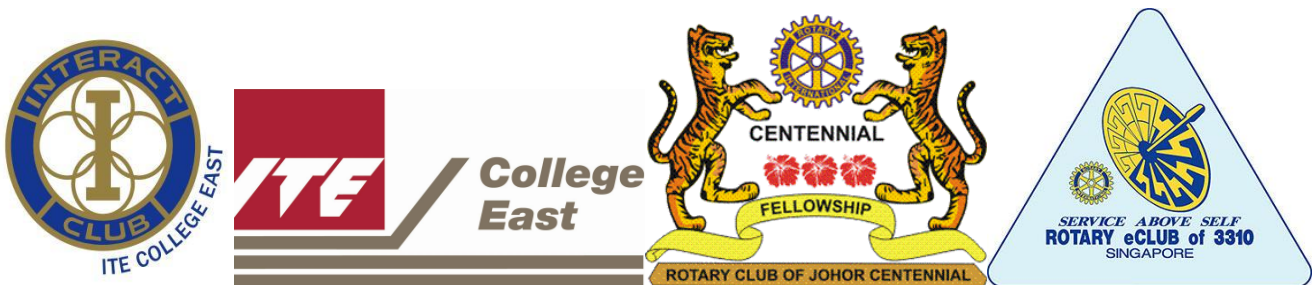
## *Advanced* RYLA : **EVOLUTION - THE NEXT STEP**

*Organized by:* Interact Club of ITE College East

*Supported by:* Rotary E-Club of 3310  
& Rotary Club of Johor Centennial

ITE College East, Singapore

19 to 21 March 2010



**Advanced Rotary Youth Leadership Awards (Advanced RYLA)  
@ ITE College East Campus on 19 to 21 March 2010**



Advanced RYLA (ARYLA), a leadership event of youth, is organized by youth for youth! It came as a natural progression from RYLA where youth goes through a transformation in personal development. ARYLA seeks to fulfill an intermediate role. Promising leaders are encouraged, if interested, to become certified service learning facilitators. Certification gives them an opportunity to travel, earn some money and, at the same time, serve communities by leading school-based service learning teams to foreign countries to undertake community service projects.

While ARYLA seeks to maintain an ambiance of fun, fellowship and friendly competition, we have in place a desired learning outcome. In an altruistic way, the simple definition would be “to become good global citizens”. CP Chew Ban Seng took the opportunity to share the importance of “sustainability and ethical values” through the concept of “**People** (co-workers), **Planet** (environment), **Profit** (income)” – all inter-linked so that each part affects the other. For sustainability on a long-term basis, he drew some examples to show the important of maintaining this delicate balance.



Unlike most RYLAs, here we preselected the six teams based on a balance between experienced RYLAians and first time participants. These experienced participants helped to organize, lead,

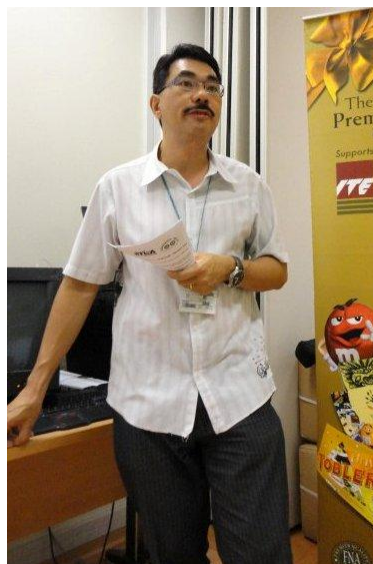


and facilitate all sessions while Rotarians act as mentors and resource persons. A Rotary volunteer was assigned as counselor and mentor to each team. He/she stayed with the team throughout the entire programme. He/she was tasked to share Rotary information with the participants, at every opportunity.

The mentors and team leaders were briefed on five KPIs (Key Performance Indicators); or simply **goals**. They were (a) team completes all tasks and assignments; (b) active participation by all members of the team; (c) cooperation and teamwork in the team; (d) time management and discipline; and, finally, (e) identify potential leaders. These are SMART goals i.e. they are specific, can be monitored, achievable and realistic, and can be done during ARYLA camp.

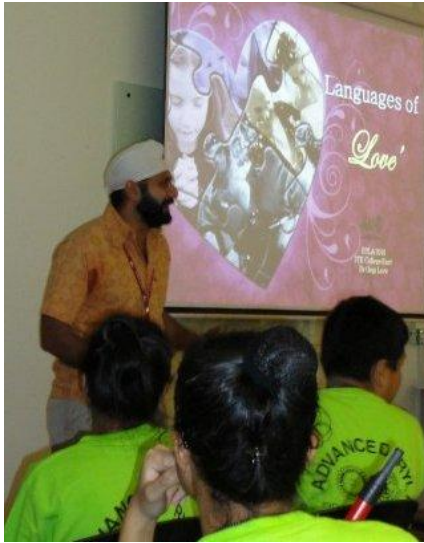
Mentors were given general guidelines. For example, as ARYLA is an event led by youth, for youth, these youth need to be given permission to be “The STARS”! On code of conduct, mentors were reminded to be congruent in their behavior for creditability. They should act as friends, guides... and as resource on Rotary matters. However, mentors were asked to refrain from spoon-feeding and/or teaching. The participants were encouraged to explore and learn instead.

ITE Teacher-Advisor William Chong welcomed the participants with a brief introduction of ITE College East facilities as well as the Campus’ regulations. CP Chew Ban Seng encouraged participants to enjoy, have fun and in the process learn from their personal reflection. While a spirit of friendly competition was encouraged, he reminded them that "there is no losing team". All are "learning teams". Even the winning teams have something to learn from themselves (for winning) and from the others for not winning...



The ITE Interactors conducted the icebreaker activities. This was done to achieve the dual objectives of (a) to get participants to warm up to each other and (b) through repeated name calls, to remember the names of other members in the team.

After tea break, each group was given materials with instructions to come out with a team name, its meaning and cheer. The team members went through the team dynamics process of forming, storming, norming and performing. At the end, the six teams came up with their distinctive cheers and uniquely designed flags within the stipulated time. They were Pink Panthers (colour: pink, mentor Fancy Tan), Contenders (colour: purple, mentor Susan Wong), Eureka (colour: blue, mentor Murni Suranti), Bumble Bees (colour: yellow, mentor Susan Lee), Darevills (colour: grey, mentor Leslie Sim) and Ahlamak (colour: green, mentor Corbin Embery). Edmund Chew was the Chief Camp Commandant.



Gogi Love (Parwinder Singh), ITE Lecturer on Lifeskills, shared on Dr Gary Chapman’s love languages – Words of Affirmation, Quality Time, Gifts, Acts of Service, and Physical Touch. He was a very motivational and encouraging speaker. He involved the participants by asking them to write “words of affirmation” on a notepad to someone... and giving them chocolate as his “gifts” of love. Gogi was able to weave into his message the importance of being "a good global citizen".

After dinner, it was time to receive instructions for the following day’s activities.

Benwinner Kam of Creative Parenting was asked to share on dermatoglyphics (fingerprint analysis). From what we learned, fingerprints could help us to understand our innate personality and strengths. We thanked him for providing “free” screening so that our youth could know their learning strategies. According to him, there are four distinctive patterns – Whorl (learning based on knowing), Ulnar Loop (learning through imitation), Radial Loop (learning through multiple styles) and Arch (learning with identified talents).



Whorls are ego-centric and discover on their own. They are goal-oriented and like to ask “why”. Ulnars are easily affected by the environment. They get along with others well, are sociable and co-operative. On the other hand, Radials thinking model is different from others. Their ways of expressing are unique and may offend others when they speak. Arches possess abundant, unlimited potential and have high capacity to be groomed. However, they are more conservative, dislike changes and very self-protective.

Devi Supramaniam briefed the teams on the two projects for the following day, namely, a learning activity which each team has to design and a skit for the Talent Night. She reminded everyone to “Focus... Focus... Focus... Focus” whenever the participants got carried away. Each team had to plan and design a game or activity which was to be carried out by the other five teams within a 30 minutes period. The preconditions were (a) there must be some learning outcome and (b) they must be fun and enjoyable. The second task involved doing research at the Computer Lab on Rotary’s activities. Team members were asked to decide on how they wanted to showcase Rotary activities @ Talent Night. Props and materials were made available for each team to choose.







As the hostel was occupied by YOG (Youth Olympics Games), participants were issued sleeping bags and they “camp out” within the training facility areas...

It was rise and shine the following morning. Everyone was watching the sky anxiously. With fingers crossed, we were hoping for passing clouds. Unfortunately, we had lingering showers. As a result, the high ropes element and the raft building activities had to be cancelled for safety reasons.

The various teams made full use of the down time to prepare and rehearse for the learning activities in the afternoon session. PP Susan Wong and President Leslie Sim shared about life after ARYLA e.g. becoming a Rotaractor and/or certified service learning facilitator. While this was going on, ITE Interactors were busy preparing the course for an “Amazing Race”... so that participants who were visiting ITE College East for the first time could explore the vastness of this Campus. This was the Organizing Committee’s contingency plan in the event of rain.

Unfortunately, the race did not take off until 12.15pm which was officially the lunch break. After this activity and lunch, it was time to begin the learning activities. We did not get started until 3pm, i.e. 2 hours later. Full credits must go to ARYLA participants for their time management to complete the entire learning activities segment at exactly 7.15pm – which was right on schedule!



**Learning Activities**

Most of the teams cited teamwork, time management, communication, coordination, planning, resource planning, and even, “Never Give Up”, as the learning objectives for their activities. Here are several additional insights to consider...



**Learning Activity 1 – Contenders**

They came up with “March of leadership” where team members were tied together around the ankles with a string... and they were supposed to move from spot A to spot B within the shortest time.

**Insight:** The fastest team had a strategy. They synchronized their movements (knowingly or otherwise) to the beat of their claps. Just like the dragon boat race, the drummer’s single role is to synchronize the team’s rowing strokes.

### Learning Activity 2 – Pink Panthers

Each team was given three eggs. The goal was to drop at least two eggs from a great height without breaking. As some had played this game previously, they obviously had an advantage.

**Insight:** Find out who has played this game before and get him/her to share (of course, he/she may have totally forgotten how to play).



### Learning Activity 3 – Ahlamak

Team members had to perform several tasks (similar to Amazing Race) before they could get paper clues. There were a total of 25 pieces of paper (5 for each team). At the end, participants realized that they needed the papers from the other teams to form a big picture – like a giant jig-saw puzzle!



**Insight:** While we want to remain competitive, there are times when we need to work together (in this case the map was divided into 25 pieces of paper) for a “win-win” result. An excellent activity but the explanation on the rules of the game was too lengthy and thus, unclear.

### Learning Activity 4 – Darevills

Three sets of activities including sitting on and busting balloons, running blindfolded with balloons, and transferring ping pong balls.

**Insight:** Exercise patience, watch out for team members and develop trust in others (blindfolded runners).

### Learning Activity 5 – Bumble Bees

There were two sets of activities – one involves transferring of rubber bands using straws held in mouth plus the physical transfer of participants, stepping on papers from small pieces to a large newspaper, without touching the ground. The second set of activity allowed participants to pick up to five A4 papers to help them with additional standing spaces.



**Insight:** The newspaper represents limited resources (e.g. the island of Singapore) while the five A4 papers represent additional resources one can bring (e.g. land reclamation). However, they are limited



too. The successful team was the one that learned how to manage these limited resources well.

### Learning Activity 6 – Eureka

To stack tumblers as high as one can get using strings with an expandable centre (rubber band insert).

**Insight:** Importance to listen to instructions. The team that completed this activity first (Ahlamak) actually had the lowest possible formation (Note: Winning requirement was the tallest).



That evening, ARYLA participants were assigned proper beds at the hostel. Prior to Talent Night, they arrived in their red “Advanced RYLA T-shirts” for group photographs!

The highpoint of RYLA is always the Talent Night. It is show time... with participants

showing their creativity. So, it was for ARYLA. In spite of the limited time allocated to them, they managed to produce quality skits with an underlying Rotary theme. Several visitors came specially to watch the show!

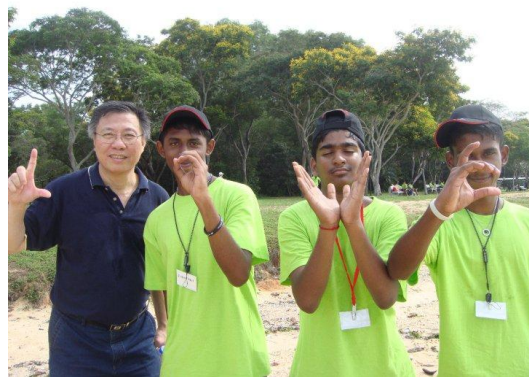


To lift up the ARYLA camp spirit, we got everyone to do the “chicken dance” after the skits and the prize presentations. Once, we got the momentum going, it took on a life of its own as we went on to do several more dances. Until then, the mood was rather subdued... but what a party after that! WOW!



exercises. They then filed out of ITE College East by teams, accompanied by Christopher Bek and his ambulance.

On Sunday morning, it was the planned hike to the East Coast Park some 6km away. Before leaving ITE College East, Edmund Chew and Corbin Embery conducted impromptu laughter



At the East Coast Park, every member of the team was





blindfolded, except the leader. The idea was to get members of each team to trust the person with the “good eye” who was in front of their group. Since they were unable to see, ITE Interact volunteers, who were not ARYLA participants, used branches to trick them about “low branches”. For those of us who could see, it was hilarious as the team members would dodge naturally when told of these “low branches”. This “Blind Walk” proved to be very popular with the participants... and it offered great “learning takeaway”.

Two buses came to pick up the youth from East Coast Park. On their return to ITE College East, they were told to “pack and clean up”... before reporting for lunch. For the farewell lunch, we had a very sumptuous spread. No one really complained about food. In any, they said that they ate too much!



Reflection and debrief was done by CP Ban Seng as he pulled together the learning lessons from the 3days/2nights Advanced RYLA Camp. Certificates of Participation and Appreciation were given out. Several participants wanted to share a few words – either to promote their planned activities or to thank the organizers and volunteers who had made ARYLA over the weekend so memorable.



So, as we came to an end, we must say “hello to a new beginning”... Advanced RYLA is definitely here to stay. Since District Governor Mohd Latip’s daughter, Murni Suranti, was with us as one of the six mentors, perhaps, we can encourage her to spearhead a Rotary/Rotaract Club to initiate and spearhead ARYLA 2011 somewhere in Malacca...



### Learning lessons

1. The 3days/2nights was one day too short. Therefore, the next Advanced RYLA shall be over 4days/3nights for maximum effect.
2. Learning curve for the team was much shorter. They were able to perform more effectively mainly from the sharing of the experienced RYLAians in the teams.
3. Mentoring was more effective – first with the formal appointments of Rotary mentors who



stayed with the team, and secondly with the natural “informal mentoring” from Advanced RYLAians to first time participants of RYLA.

4. Mentors, and experienced RYLAians, need to be constantly reminded on the goals, or KPIs.

### Interact Club of ITE College East



Special recognition must be given for their efforts. Without them, there would be no Advanced RYLA.

Devi Suppramaniam and William Chong were the two kingpins. They played an instrumental role in securing the facilities as well as mentoring the Organizing Committee, ably led by Maurice Tan (one of ARYLA participants). Elaine Tan, another Teacher-Advisor, played a key role in making ARYLA happen. Although she was not involved in the planning, she was involved hands-on in executing the plan. Trained as a nurse, she was there throughout the entire Camp. Together with our ambulance man, Christopher Bek of Medic Network, they treated several medical casualties. In particular, one of participants, who became breathless, was administered with 2 litre of oxygen therapy.

ITE Interact volunteers (especially, those wearing Blue T-Shirts during ARYLA) organized the Ice Breakers and Amazing Race, manned the registration desk and prepared the distribution kits, served meals and all other jobs not necessarily seen or appreciated. They managed the logistics well. Most of them were RYLAians and they came back to serve out of passion. They could not become ARYLA participants as they could not commit for the entire 3days/2nights due to work and/or national service.

The facilities at ITE College East Campus were excellent. Unfortunately, we did not get to use the swimming pool and high ropes as part of our planned activities (for safety reasons) due to rain.

To quote ITE Teacher-Advisor William Chong, “The privilege and opportunity to organize ARYLA has forced our students to move beyond their comfort zones and to think like leaders – a lifeskill beyond academics. It also allowed us to demonstrate to our students that they have within themselves the ability to achieve whatever they can imagine. Our Advanced RYLAians were able to pick up some planning skills as well as execution skills.”

One the whole, ARYLA achieved its goals of developing leadership skills and, perhaps, leaders of the future.

Reported by:

**CP CHEW Ban Seng – Chair**

**District Vocational Service & ARYLA**



## **MESSAGE from District RYLA Chair**



It all started with RYLA... and now Advanced RYLA! It started as a Dream and the Dream came true! It is about taking the next step – EVOLUTION.

This is the first time District 3310 is organizing ARYLA. Although alien and unfamiliar to most, a handful of us have attempted to do something after RYLA. It has been 9 years since 2001 when a pilot project was initiated in District 9790. Today, ARYLA is still a prototype. Each District has a different model to best match its learning outcome.

Special recognition goes to CP Chew Ban Seng who had spent years doing research, compiling and putting everything together. Without him, ARYLA would still be a dream.

I am particularly grateful to ITE College East for letting us use its venue and facilities. We acknowledge the contribution and hard work of Teacher-Advisors Devi Suppramaniam and William Chong who have played a pivotal role.

I like to thank my very able, willing and enthusiastic Committee members, especially members from Rotary Club of Johor Centennial and Rotary E-Club of 3310 for their hard work, dedication and support towards the programme.

To all participants, I believe you will benefit from this high energy, experiential learning programme which is designed specially with you in mind.

Last but not least, special thank to our loyal supporters, donors, sponsors and Rotarians who gave generously to help defray part of the costs to make this event possible.

To everyone else, thank you and have a great time. Enjoy Rotary!

**PP Fancy Tan, Rotary Club of Johor Centennial**

## **MESSAGE from District Vocational Service Committee & ARYLA Chair**

After a slow start, we now have over 65 youth participants from India, Brunei, Malaysia and Singapore.

ARYLA seeks to provide participants with the knowledge and skills:-

- To increase self-awareness and affirm strengths,
- To improve and manage relationships ethically,
- To achieve new levels of performance,
- To develop effective listening and communication skills,
- To learn effective approaches to problem-solving, and
- To overcome self-imposed limiting beliefs.



With two groups of participants – those who have experienced their



breakthroughs in a previous RYLA and those who are attending RYLA for the first time, this ARYLA presents an opportunity to demonstrate the four levels of personal development.

**Level 1:** I do, you enjoy. **Level 2:** I do, you assist. **Level 3:** You do, I assist. **Level 4:** You do, I enjoy.

Each stage involves different learning experiences. For first time participants, they enjoy at Level 1..., possibly Level 2. Advanced RYLAians participate at Level 3 with Rotarians as counselors and mentors. After completing ARYLA, they bring their skills set to Level 4, where they are able to contribute productively in society.

Special thanks to Interact Club of ITE College East for the mettle to organize this inaugural event and to the Teacher-Advisors, Devi and William, for making this possible!

**CP Chew Ban Seng, Rotary E-Club of 3310**

### **MESSAGE from District Governor**

RI District 3310 is proud to host the first Advanced RYLA (ARYLA) programme outside of USA. This event is organized by youth for youth. While ARYLA is intended for youth who have previously experienced a RYLA, ours welcome first-time participants too.

In a regular RYLA, Rotarians do most of the work while participants enjoy and are guided in the programme. In ARYLA, however, the experienced RYLA participants organize, lead, and facilitate all sessions while Rotarians only act as mentors and resource persons.

ARYLA prepares today's youth, aged 16 to 30, for tomorrow's challenges. This is a community service project to equip today's youth as tomorrow's leaders. They learn hands-on interpersonal, communication, and leadership skills.

ARYLA is designed to recreate the RYLA community of passion, motivation, and inspiration. Most importantly, ARYLA hopes to create in the participants a desire to live a life of "**Service Above Self**" which is the motto of all Rotarians and summarizes what Rotary is all about.



I congratulate the Interact Club of ITE College East for taking up the challenge of organizing ARYLA 2010 with the theme, "**Evolution – The Next Step**". This is held at ITE College East, Singapore on 19-21 March 2010.

ARYLA is an initiative of the District Vocational Service Committee led by CP Chew Ban Seng. It is supported by Rotary E-Club of 3310 and Rotary Club of Johor Centennial. Although our participants are drawn mainly from Singapore, Johor, and Malacca, I hope that ARYLA can be replicated in other parts of District 3310.

**DG Datuk Hj Md Latip bin Sarrugi, Rotary Club of Kota Meleka**

## **MESSAGES from Interact Club of ITE College East**

Our warmest welcome to our RYLAians and ARYLAians, and our foreign visitors. This is the first ARYLA to be held in Singapore and, in fact, for RI District 3310.

We are honoured, and humbled, to be able to host this leadership camp at ITE College East. I know that a lot of planning has gone into making this an enjoyable and meaningful experience for all of you.

Credits must go to Mrs Devaki Kannan, Maurice Tan and members of the Organizing Committee for making ARYLA a reality for us.



I look forward to meeting all of you on Saturday, 19 March 2010 at ITE College East. Cheers!

### **Siti Hasanah Bte Mohd Salleh, President, Interact Club of ITE College East**

I have enjoyed networking and learning with the participants of the last 2 years' RYLA. I have made new friends, and experienced the bonding of spirits amongst our RYLAians.

A few of our RYLAians are participating in this ARYLA. I hope all of you will have the similar experiences as you strive to achieve the goals of ARYLA.

Besides making new friends, step out of your comfort zone – stretch yourself physically and mentally to be a leader, a positive team member, and above all, a better person.

Enjoy the fun, friendship and bring back with you lasting and memorable learning experiences.

Have a great time at ARYLA!



### **Maurice Tan Jun Jie, Organizing Chairman, ARYLA 2010**

#### ***About Rotary***



Rotary International is a worldwide organisation of business and professional leaders that provides humanitarian service, encourages high ethical standards in all vocations, and helps build goodwill and peace in the world. Some 1.2 million Rotarians belong to over 30,000 Rotary Clubs located in 168 countries.

Although Rotary Clubs develop autonomous service programmes, Rotarians worldwide unite their hearts in the campaign for the global eradication of polio. The End Polio Now campaign is for Rotary to raise US\$200 million to match US\$355 million in challenge grants received from the Bill & Melinda Gates Foundation. The resulting US\$555 million will directly support immunization campaigns in developing countries, where polio continues to



infect and paralyze children, robbing them of their futures and compounding the hardships faced by their families.

As long as polio threatens even one child anywhere in the world, children everywhere remain at risk. The stakes are that high. Rotary also provides an army of volunteers to promote and assist at national immunization days in polio-endemic countries around the world.

**The Rotary Foundation** of Rotary International is a non-profit corporation that promotes world understanding through international humanitarian service programmes as well as educational and cultural exchanges. It is supported solely by voluntary contributions from Rotarians and others who share the vision of a better world.

### **Rotary's Core Values**

Rotary's core values represent the guiding principles of the organization's culture, including what guides members' priorities and actions within the organization. These core values – **Service, Fellowship, Diversity, Integrity, and Leadership** – are reflected in the Object of Rotary, The 4-Way Test, and A Guide to Daily Living, which we use in our daily lives. They inspire us to foster and support the ideal of service for developing and maintaining high ethical standards in human relations.

### **Object of Rotary**

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST. The development of acquaintance as an opportunity for service;

SECOND. High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD. The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

#### **The 4-Way Test**

Of the things we think, say or do:

Is it the TRUTH?

Is it FAIR to all concerned?

Will it build GOODWILL and BETTER FRIENDSHIPS?

Will it be BENEFICIAL to all concerned?

### **A Guide to Daily Living**

Before doing the things we want to do, consider first, the precept of the Guide.

Ask ourselves these 4 questions and act upon them:

First – Have I spent some time in self-examination?

Second – Have I spent quality time with my family?

Third – Have I given the best to my work?

Fourth – Have I given some time to someone near and far?

The first question prompts us to evaluate ourselves and our ability to serve.

The second question reinforces our commitment to the family – our "intimate community of Life and Love".

The third question requests us to commit ourselves to work excellence and the practice of high ethical standards.

The fourth question reminds us of our duty to Lend A Hand, rendering compassionate service and working for world peace.

The Guide, in fact, encompasses the 4 parts of the Object of Rotary.

### **About Rotary Youth Leadership Awards**



RYLA is a Rotary training programme for young leaders. The programme emphasizes leadership, citizenship and personal growth. Each year, thousands of young people, aged 14-30, take part in the programme worldwide. RYLA was adopted in 1971 and is one of the most significant and fastest growing programmes of Rotary service.

#### **The aims of RYLA are:-**

- To demonstrate Rotary's respect and concern for youth;
- To provide an effective training experience for selected youth and potential leaders;
- To encourage leadership of youth by youth; and
- To recognise publicly, young people who are rendering service to their communities.

#### **What RYLA offers during the programme:-**

- The exposure to issues and exchange of ideas with youth in an atmosphere free from distractions.
- The exploration of new career paths or the opportunity for young people to learn more about their chosen fields through discussions with successful adults.
- The opportunity to learn how to arrange youth activities and community service projects in their communities.
- The opportunity to discuss creative approaches for resolving family, social and professional conflicts.
- The opportunity to get to know Rotary decision makers in their communities and to find out more about other Rotary programmes for young people.

### **About Advanced Rotary Youth Leadership Awards**



ARYLA is a community service project to prepare and equip today's youth as the leaders of tomorrow. It is targeted at those who have previously attended RYLA.

Designed to recreate the RYLA community of passion, motivation, and inspiration, participants learn how to change the world in a community of other people who are devoted to doing just that.

ARYLA brings together people from different walks of life with a common thread – the desire to live a life of "Service Above Self". Attendees of past



RYLA are encouraged to organise this event as follow up to their breakthroughs from previous RYLA Camps.

ARYLA is a proto-type project. Rotarians act only as mentors and resource facilitators. A programme for youth by youth, it is designed to develop competency of youth leaders.

### ***About Rotaract***

Rotaract is a Rotary sponsored service club for young men and women aged 18 to 30 years old. Rotaract Clubs are either community-based or in institutions of higher learning. They are sponsored by a local Rotary Club. Through the programme, young adults augment their knowledge and skills, address the physical and social needs of their communities while promoting international understanding and peace through a framework of friendship and service.

As Rotaractors, they

- Develop professional and leadership skills;
- Serve the community and promote goodwill; and
- Gain an understanding of the needs, problems and opportunities in the community and worldwide.



### ***About Interact***

Interact is Rotary International's Club for young people aged 12-18. Interact Clubs are sponsored by individual Rotary Clubs which provide support and guidance. However, they are self-governing and self-supporting. The programme gives young people an opportunity to participate in fun, meaningful service projects while developing leadership skills and meeting new friends.

Through service activities, Interactors learn the importance of

- Developing leadership skills and personal integrity;
- Demonstrating helpfulness and respect for others; and
- Advancing international understanding and goodwill.



### **APPENDIX**

**Sent:** Saturday, Mar 20, 2010 10.06 AM

Dr Janice M Hall JP.  
Past Assistant Governor District 9750  
Chairperson District 9750 ROMAC  
Chairperson District 9750 Women in Rotary  
Tel +61 402 401 850  
Email: [j.hall@uws.edu.au](mailto:j.hall@uws.edu.au)

Dear Janice,

This confirms our discussion at Parliament House last Wednesday evening.

You and your committee created a very special inaugural Advanced RYLA in D9750, and I appreciated the honour of being the opening motivational speaker at that event.

From Sydney, at the request of PDG Diane Kessel-Knight, I introduced ARYLA to D5450 Colorado where PE Carol Steen and Rotarian Jason Griffith of Rotary eClub One organised the proof-of-concept pilot.

From Colorado ARYLA went to California.

Later I had the privilege of introducing ARYLA at the D3310 Conference in Brunei, and Singapore adopted it under the astute leadership of PP BS Chew of Rotary eClub of D3310.

Now it is serving young people in the United States and Asia, all from that inaugural Advanced RYLA we shared in Sydney.

This weekend, Advanced RYLA is being conducted at ITE College East Campus, Singapore.

Below is an email from PP BS Chew of Rotary eClub of D3310. He is the District Vocational Service Chair in Singapore.

BS Chew is an inspirational Rotarian. His leadership and mentoring of the Advanced RYLA program in Singapore is outstanding.

Janice, perhaps you could visit Singapore next year as an observer of their Level 1 through Level 4 model that they have developed for ARYLA. They have ideas that have great merit.

Cheers,

Chris Joscelyne

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From the desk of Chris Joscelyne PHF  
Past President Rotary eClub One  
Past President Rotary Club of Sydney  
Past President Rotary Club of Grafton  
[chris@apro.com.au](mailto:chris@apro.com.au)  
Tel: +61 2 9652 2600  
Fax: +61 2 9652 2700  
Mob:+61(0) 4111 22223

[www.rotaryclubone.org](http://www.rotaryclubone.org)

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From: BS Chew [mailto:[eclub3310@gmail.com](mailto:eclub3310@gmail.com)]

Sent: Sunday, 14 March 2010 10:24 PM

To: Rotary District 3310 Cc: Devaki Suppramaniam; William Chong

Subject: Advanced RYLA - 19 to 21 March 2010 @ ITE College East Campus, Singapore

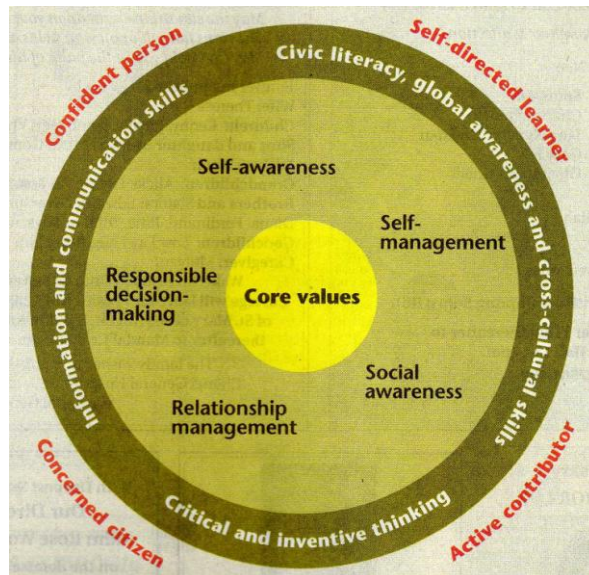
Dear fellow Rotarians

Allow me to share with you this diagram published in The Sunday Times Singapore 14 March 2010 (Page 35). It shows desired student outcomes and the 21st century skills set.

As Rotarians, we have done very well with our youth development programs e.g. Interact, Rotaract and RYLA (Rotary Youth Leadership Awards)... but there is still more we can do...

After having being with RYLA since the 1990s, the question often asked is, "What follows RYLA?"

In 2001, District 9790 (Australia) had a group of previous RYLAians coming together for a weekend to refresh RYLA content and refuel the RYLA Spirit. New content was added to extend participants personal development. This initiative was called **ADVANCED RYLA**.



ARYLA is a new chapter in Rotary's book. It started in Australia. By the fall of 2006, this was in United States thanks to the efforts of Rotary eClub One, District 5450, Colorado who evaluated ARYLA in Sydney, Australia. The program has been continuously evolving. Today, it is in their third ARYLA. One unique aspect of ARYLA is that this event is done by youth, for youth!

When PP Chris Joscelyne of Rotary eClub One first broached the subject to Rotary E-Club of 3310 at the District Conference in Brunei, we were presented with the right opportunity... and the right timing.

Of course, the rest is history...

ARYLA is "a prototype". So far, each of us has a different model to suit our own learning outcomes.

In District 3310, there are 4 levels in skills development. In Level 1, "I do, you enjoy". In Level 2, "I do, you assist", Level 3, "You do, I assist", and finally, in Level 4, "You do, I enjoy".

### **What does ARYLA seek to achieve?**

One of our goals is to impart values and ethical standards. The five Rotary core values are Service, Fellowship, Diversity, Integrity, and Leadership. These are reflected in the Object of Rotary, The 4-Way Test, and A Guide to Daily Living, which we, as Rotarians, are expected to use in our daily lives.



As we walk our talk, the youth shall have a role model with which they can identify. Using the diagram on desired student outcomes, Rotarians have a major role to play to help bring out such qualities in our youth -- the leaders of tomorrow!

ARYLA seeks to create self-awareness, self-management, social awareness, relationship management and responsible decision-making. The ARYLA participants come from Singapore, Malaysia, Brunei and India. In the process, they will be able to demonstrate some degree of information and communication skills, critical and inventive thinking, as well as civic literacy, global awareness and cross-cultural skills

Regards

B S CHEW - Chair

District Vocational Service

#### **ARYLA ORGANIZING COMMITTEE**

##### **Interact Club of ITE College East**

Tan Jun Jie Maurice – Organizing Chairman

Neo Sheng Hao – Logistics Director

Joseph Samy – Events Director

Muhd Faizan Bin Fandi – Camp Commander

Kathikesan s/o Selvalingam – Asst Commander

##### **ITE College East Teacher-Advisors**

Devaki Suppramaniam

Elaine Tan Siew Chen

Parwinder Singh

William Chong Meng Wan

Sean Quek Keng Lin

##### **Ex-Officio (ARYLA)**

CP Chew Ban Seng, Rotary E-Club of 3310

#### **ADVANCED RYLA CAMP**

##### **Chief Commandant**

PP Edmund Chew

##### **Rotary Volunteers**

President David Lau

Secretary Tan May Yan

SAA Christopher Bek

PP Susan Wong

PP Fancy Tan

PE-N Corbin Embrey

PP Dr Ho Loon Shin

PP Susan Lee

President Leslie Sim

Ms Murni Suranti bte Mohd Latip

## PROGRAMME

### *First Day : 19 March 2010*

2.00pm	Registration & Placing of bags
3.30pm	Ice Breaking Games
4.30pm	Tea Break
4.45pm	Preparation of Team Tags (Team name, cheer & meaning)
5.45pm	Presentation of teams
6.15pm	Talk by Gogi
7.15pm	Dinner
8.15pm	Briefing - Talent Night/Leadership Activity
9.00pm	Planning - Talent Night/Leadership Activity
11.00pm	Supper and Lights Off

### *Second Day : 20 March 2010*

7.30am	Assemble and Breakfast
8.00am	High Ropes/Swimming Pool activity
12.00nn	Lunch
1.00pm	Leadership Activity - Team 1
2.00pm	Leadership Activity - Team 2
3.00pm	Leadership Activity - Team 3
4.00pm	Tea Break
4.15pm	Leadership Activity - Team 4
5.15pm	Leadership Activity - Team 5
6.15pm	Leadership Activity - Team 6
7.15pm	Dinner and Planning for Talent night
8.45pm	Reflection on Leadership activities
9.30pm	Talent Night
11.00pm	Supper & Lights Off

### *Third Day : 21 March 2010*

7.30am	Rise & Shine
7.45am	Trekking to ECP
9.00am	Breakfast
9.30am	Blind Walk
10.30am	Back to CE
11.00am	Pack up and assemble
12.00nn	Debrief & Award of Certificates
1.00pm	Lunch
2.00pm	Home Sweet Home

## CODE OF CONDUCT

Instead of a strict “Dos and Don'ts”, we would like to treat each of you as self-respecting young adults.

Here are the guidelines which we expect from you throughout the programme.

- \* Participants are not to leave the venue, or wonder to restricted areas, without prior permission.
- \* Participants are expected to wear their name tags at all times.
- \* Participants are required to observe standard moral and ethical values.
- \* Consumption of alcohol, tobacco and any other form of drugs is strictly prohibited.
- \* Participants are requested to respect the freedom, time and privacy of other participants.
- \* Strict punctuality must be observed at all times.
- \* Participants are expected to be suitably attired throughout the entire programme.
- \* Phones are to be switched off, or put on silent mode, during the sessions.
- \* Participants are required to follow the programme in its entirety.
- \* Participants are expected to keep an eye on each other and to work as a team.
- \* Participants shall be personally and individually responsible for their personal belongings.

**PP Edmund Chew**  
**Chief Camp Commandant**