



DISTRICT NEWSLETTER



*Fostering Peace
Through Service*

Rotary
District 3310



**WISHING THE
DISTRICT 3310 ROTARY FAMILY
HAPPY CHINESE NEW YEAR 2024**

LET'S CONTINUE TO CREATE HOPE IN THE WORLD
THROUGHOUT THE YEAR OF THE DRAGON



DR. JOHN CHAN & WEE PING
2023-24 DISTRICT GOVERNOR & FIRST LADY





In the month of February, we are reminded of the significance of global conflicts and the vital need for Peace Building and Conflict Resolution. We celebrated Chinese New Year and the 119th anniversary of Rotary International, both epitomizing the essence of peace. Wee Ping and I extend our heartfelt wishes to the entire Rotary family in District 3310, celebrating a joyous Chinese New Year and commemorating the 119th year of Service Above Self.

February was a busy month for Wee Ping and me as we continued on our journey, visiting clubs and participating in various district events. The tradition of "Lou Sang," symbolizing prosperity, good health, and abundance, featured prominently during our club visits. We were privileged to be part of the World Understanding and Peace Day in Singapore, a significant annual celebration marking Rotary's anniversary, alongside similar festivities across our district. Many clubs orchestrated their Rotary Day of Service, amplifying the significance of this anniversary celebration.

I am moved by the exemplary demonstration of peace and harmony exhibited by our Rotary members. True peace and harmony emanate from within, and we must recognise that most conflicts are avoidable, offering no victors in their wake. Let us continue to embrace these values so that others can emulate. By embracing this ethos, we cultivate peace within our homes, workplaces, Rotary clubs, and communities.

Once again, Happy Chinese New Year, and may the blessings of peace be ever-present in your lives.

2023-24 DISTRICT GOVERNOR

DR JOHN CHAN





A Virtuous Cycle

I am enthused and encouraged by your embrace of mental health initiatives throughout the Rotary world. More than 1,000 of you have responded so far to an ongoing survey by the Rotary Action Group on Mental Health Initiatives, offering your feedback on what Rotary can do to improve the personal well-being of members.

The top suggestions are illuminating. Rotary members are asking for more fellowship, camaraderie, conversation, cohesiveness, and connection. They also want more recognition, validation, and integration. They are seeking more service opportunities, and they want more wellness activities, including mental health speakers, awareness efforts, and education.

Our members not only appreciate the greater focus on mental health, but they also believe that making more of the Rotary experience will materially improve their lives. I find it interesting that members are not asking anything dramatically new of their club -- rather they want more of what we do best. For example, connection can be improved during meetings simply by assigning seating once each month to encourage people to speak with someone new.

Here are some great ways that we can help achieve these results and make Rotary more appealing to those considering membership. First, we need to acknowledge the importance of increasing belonging in our clubs and to encourage Rotary members to make the most of every opportunity for new and stronger connections. Public health experts worldwide are concerned about increasing levels of loneliness -- the US surgeon general has even declared it an epidemic. Mental health experts agree that finding groups and clubs around common hobbies and interests is a strong way to

create greater connectedness. This is what Rotary even declared it an epidemic. Mental health experts agree that finding groups and clubs around common hobbies and interests is a strong way to create greater connectedness. This is what Rotary is all about. We need to make sure all of our members are fully engaged and that our communities are better aware of this inherent strength.

Second, if your club has found new ways to build connection, please share your stories with us at mindhealth@rotary.org so we can make them more broadly known within the Rotary world. Your good ideas might inspire others. Post your service project stories on Rotary Showcase.

And finally, I encourage you to share feedback from surveys like this with your club and bring forward your own ideas to improve your club experience and meet your peers' expectations. The journey we have begun is about more than mental health. It is about taking advantage of the full strength of our wonderful organization and helping all members feel that they are part of a community that cares deeply about their personal well-being.

Everything you do to strengthen connections in Rotary, with each other and the people we serve, also helps improve mental health. And everything we do to improve mental health helps strengthen those connections. Let's continue this virtuous cycle.

**2023-24 RI PRESIDENT
R. GORDON R. MCINALLY**

Peace and Conflict Prevention / Resolution

2024 District Conference (DISCON)



World Peace and Understanding Day

Joint Program of 24 Clubs in Singapore



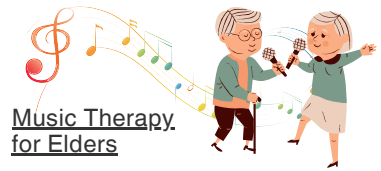
Rotary International
A Legacy of Peace Building



Mediators Beyond Borders INTERNATIONAL

PEOPLE OF ACTION

Joyful Tunes & Smiles

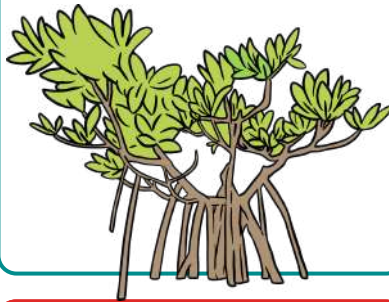


Music Therapy for Elders

Voices of Rotaractors



ENVIRONMENT



VALENTINE SPECIAL



KNOWLEDGE BASE

Rotary Peace Fellowships



District Happenings

Read the February issue of the Rotary Magazine:

Note from the Editor



Resources



The District Newsletter is brought to you by the District Communications Committee

District Communications Committee Chair: PP Larry Ong, RC Kuching

District Newsletter Editor: Rtn Adelina Adna, RC Kota Kinabalu Pearl

Rotaract Collaborator: District 3310 Rotaract Committee

Make new connections and reunite with friends at Rotary's biggest event of the year!

2024 ROTARY INTERNATIONAL CONVENTION

SINGAPORE | 25-29 MAY 2024



Register today at convention.rotary.org



[CLICK PAGE TO REGISTER & FOR MORE INFO](#)

FEBRUARY IS *Peace and Conflict Prevention/Resolution*



Today, over 70 million people are displaced as a result of conflict, violence, persecution, and human rights violations. Half of them are children.

By carrying out service projects and supporting peace fellowships and scholarships, our members take action to address the underlying causes of conflict, including poverty, discrimination, ethnic tension, lack of access to education, and unequal distribution of resources.

ROTARY'S FOUR ROLES IN PROMOTING PEACE

Practitioner

Our work fighting disease, providing clean water and sanitation, improving the health of mothers and children, supporting education, and growing local economies directly builds the optimal conditions for peaceful societies.

Educators

Our Rotary Peace Centers have trained more than 1,700 peace fellows to become effective catalysts for peace through careers in government, education, and international organizations.

Mediator

Our members have negotiated humanitarian ceasefires in areas of conflict to allow polio vaccinators to reach children who are at risk.

Advocates

Our members have an integral role as respected, impartial participants during peace processes and in post-conflict reconstruction. We focus on creating communities and convening groups that are connected, inclusive, and resilient.



報名：
<https://bit.ly/RegisterDISCON2024>
或掃描二維碼

第33屆地區年會

國際扶輪3310地區2024年會

2024年5月17-19日 | 古晉

流程

古晉市(婆羅洲會展中心)
BORNEO CONVENTION CENTRE KUCHING

2024年5月17日 | 星期五

- 07:45-12:30 高爾夫球聯誼
- 10:30-16:45 報到
- 13:00-15:00 前地區總監指導會議
- 17:00-23:00 開幕儀式及歡迎晚宴
地點: TBC

2024年5月18日 | 星期六

- 08:30-13:00 報到
- 10:30-16:30 寶眷活動
(只限報名參加寶眷活動者)
- 09:00-10:20 第一次全會
(包括區總監的價值觀演講)

- 10:20-10:40 茶點
- 10:40-12:30 第二次全會
- 12:30-13:45 午餐
- 13:45-15:00 第三次全會
- 16:00-17:00 分組討論
1. 中文組
2. 聯誼廳
- 19:00-22:30 總監晚宴

2024年5月19日 | 星期日

馬來西亞記錄大全：一同創造馬來西亞最多人穿著民族服裝集會及舞蹈的記錄

地點: Pengkalan Sapi

歡迎所有年會參與者以及公眾人士一起參與及完成這項壯舉。

*節目可能更改。

報名費

3310地區社員(早鳥特惠)
3310地區社員(普通)
3310地區寶眷及伴侶(早鳥特惠)
3310地區寶眷及伴侶(普通)
其他地區社員(早鳥特惠)

馬幣380元
馬幣480元
馬幣380元
馬幣480元
馬幣480元

其他地區社員(普通)
其他地區寶眷及伴侶(早鳥特惠)
其他地區寶眷及伴侶(普通)
扶青社員

馬幣580元
馬幣480元
馬幣580元
馬幣250元

*早鳥優惠截止日期為2023年12月31日
*3310地區社員獲得地區的補助

任何詢問請聯絡 d3310.conference@gmail.com

WWW.ROTARYDISTRICT3310.ORG.MY

承辦: ROTARY CLUB OF KUCHING

協力: RC KUCHING CENTRAL | RC KUCHING SOUTH | RC KUCHING JAYA | RC KUCHING UNITY CITY | RC URBAN KUCHING



33RD DISCON

ROTARY INTERNATIONAL DISTRICT 3310
CONFERENCE 2024



Rotary
District 3310

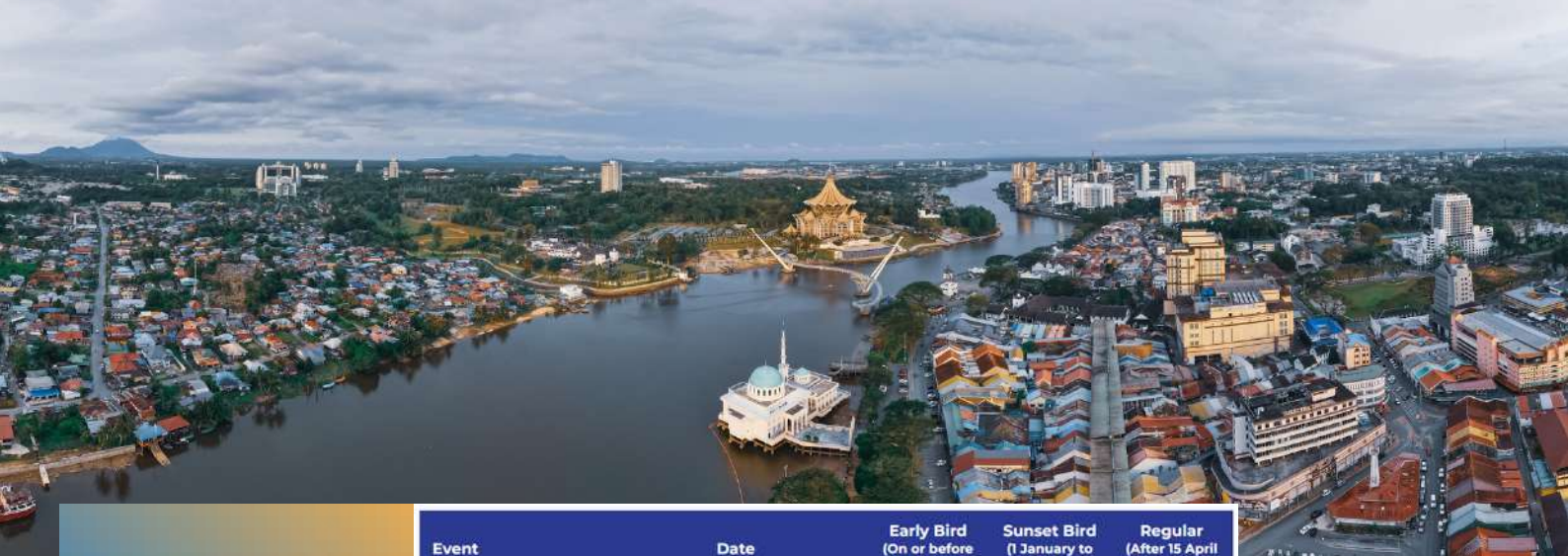


CREATE HOPE
in the WORLD

17 - 19
MAY 2024

Conference venue:
Riverside Majestic Hotel

www.rotarydistrict3310.org.my/33discon



EVENT HIGHLIGHTS

Conference
17-19 May 2024

Welcome Dinner
17 May 2024

Partner Program
17-19 May 2024

Governor's Banquet
18 May 2024

REGISTER TODAY!

Grab the sunset bird rates before it ends 15 April 2024.

Event	Date	Early Bird (On or before 31 Dec 2023)	Sunset Bird (1 January to 15 April 2024)	Regular (After 15 April 2024)
District 3310 (Delegate) Inclusive of 1 Welcome Dinner + 1 Governor's Banquet	17-19 May 2024	RM 380	RM 430	RM 480
District 3310 (Partners / Accompanying Persons) Inclusive of 1 Welcome Dinner + 1 Governor's Banquet	17-19 May 2024	RM 380	RM 430	RM 480
Other Districts (Delegate) Inclusive of 1 Welcome Dinner + 1 Governor's Banquet	17-19 May 2024	RM 480	RM 530	RM 580
Other Districts (Partners / Accompanying Persons) Inclusive of 1 Welcome Dinner + 1 Governor's Banquet	17-19 May 2024	RM 480	RM 530	RM 580
Rotaractors Inclusive of 1 Welcome Dinner + 1 Governor's Banquet	17-19 May 2024		RM 250	
Golf (Reciprocal/ Members of Kelab Golf Sarawak) Inclusive of buggy	17-19 May 2024		RM 160	
Golf (Non Reciprocal/Non Members) Inclusive of green fee, buggy and insurance	17-19 May 2024		RM 380	
Additional Welcome Dinner	17 May 2024		RM 120	
Additional Governor's Banquet	18 May 2024		RM 150	



Scan QR Code or
[click here](#) to Register



[Click for Program at a Glance](#)



17 MAY, FRIDAY

GOLF FELLOWSHIP

KELAB GOLF SARAWAK

JOIN FELLOW ROTARIANS IN A FRIENDLY MATCH TO WIN SOME EXCITING PRIZES!

*Please bring along your reciprocal letter/card from your own club

17 MAY, FRIDAY

WELCOME RECEPTION

Venue: Waterfront Walkway, Grand Margherita Hotel
Dresscode: Smart Casual



18 MAY, SATURDAY

GOVERNOR'S BANQUET

THEME: NIGHT OF THE HEADHUNTERS

Venue: Riverside Majestic Hotel Puteri Wing
Dresscode: Formal Attire



Organised by:

Supported by:

Official Venue:

Official Hotels:

Strategic Partners:

Professional Congress Organiser:





WORLD PEACE AND UNDERSTANDING DAY

JOINT PROGRAM OF THE 24 ROTARY CLUBS IN SINGAPORE

Written by:

CP Anil Changaroth

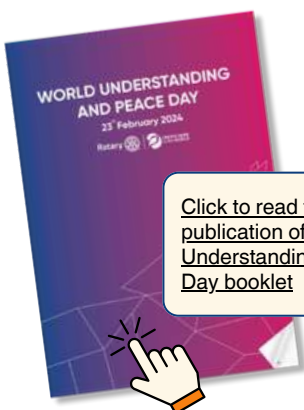
the District 3310 Conflict Resolution Committee



On the 23rd of February 1905, when Paul Harris and his 3 friends 1st met in room 711 of the Unity Building Chicago, little did they the extent of what they started 119 years ago. Along with February being Rotary's Peacebuilding and Conflict Prevention Month, the 23rd of February is celebrated as Rotary's birthday.

This year, the 24 Joint Presidents of Singapore Rotary Clubs, led by President Dr Chan Siew Luen of the Rotary Club of Singapore, organised the WUPD at the Goodwood Park Hotel Singapore. Rotarians from 21 of the Singapore clubs and 2 other clubs from our District hosted the wonderful Guest of Honour Guest of Honour Dr Janil Puthuchery, Senior Minister of State for both Ministry of Communications and Information and Ministry of Health.

President Dr Chan opened the evening with an interesting talk on 'Second Law of Thermodynamics' before introducing the interfaith council from the Inter-Religious Organisation Singapore (that work together for religious harmony in Singapore in the understanding between religious groups by developing friendships based on mutual trust and respect. It was represented by Mr Noor Mohd Marican (President Inter Religious Org), Mr Swami Samachitananda (Hinduism), Mr Ervad Rustom Ghadiale (Zoroastrianism), Venerable Yu Guang (Buddism), Master Adrian Long (Taoism), Sister Theresa Seow (Christianity), Mr Ameer Ali (Islam), Mr Ranjit Singh (Sikhism), Mr Jitu Shah (Jainism), and K Elango (Bahaim).



Click to read the electronic publication of the World Understanding and Peace Day booklet



The honourable Minister of State (a paediatrician by training, he made his political debut in 2011, member of Parliament Punggol Coast division of Pasir Ris-Punggol GRC since 2015, he has since 2018 been the Minister of State for Communications & Information and since 2020 the Minister of State for Health The Minister) shared his view on Peace and Understanding, youth and some of the work he does with the OnePeople.sg – a platform that could well work with Rotarians in the future. Interestingly, last year on the 16th February 2023, the honourable Minister delivering the keynote address at the 7th Annual Wee Kim Wee Soka International Seminar on Global Peace and Understanding, when he emphasised that meritocracy (a cornerstone of Spore's success) is not a perfect tool, and Singaporeans must work to remove biases and level the playing field for all – also in line with Rotary's Diversity Equity and Inclusion drive/initiative.



The evening's entertainment that followed was fun, joyful with musical interludes and sharing of District initiatives. This wonderful evening by the club presidents of Singapore Rotary Clubs, showcases collaboration in peacebuilding and understanding.





Rotary International: A Legacy of Peace Building

For over a century, Rotary International has been at the forefront of promoting peace and understanding across borders. Founded in 1905 by Paul Harris in Chicago, Rotary has grown into a global network of 1.2 million members in over 35,000 clubs worldwide. While initially focused on business networking, Rotary quickly expanded its mission to include service projects that address some of the world's most pressing challenges, including peacebuilding.

Early Initiatives and Peace Efforts

Rotary's commitment to peacebuilding can be traced back to its earliest days. In 1917, during World War I, Rotarians organized an initiative to provide aid to prisoners of war on both sides of the conflict. This act of compassion laid the foundation for Rotary's future peace efforts.

The Birth of Rotary Peace Centers

In 2002, Rotary established the Rotary Peace Centers program to train individuals in peace and conflict resolution. These centers offer fellowships for professionals to study at leading universities around the world, equipping them with the skills needed to promote peace in their communities.

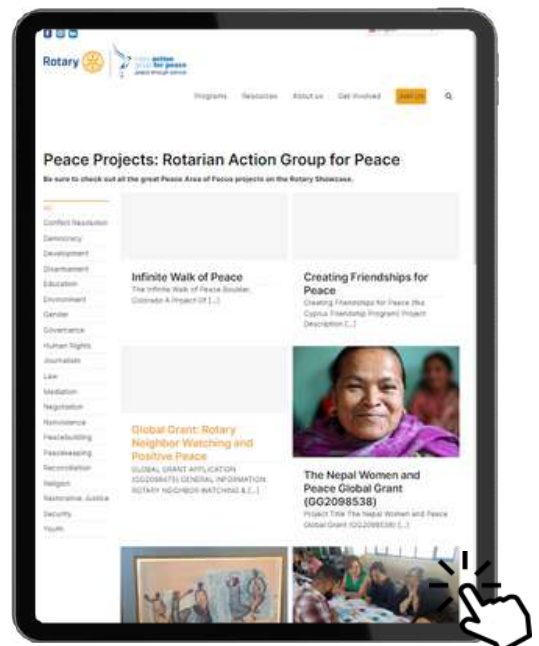
Impactful Projects and Partnerships

Rotary's peacebuilding efforts extend beyond education. The organization has spearheaded numerous projects aimed at fostering understanding and cooperation among diverse groups. From supporting clean water initiatives in conflict-affected regions to organizing youth exchanges that promote cultural exchange and tolerance, Rotary's impact on peacebuilding is profound.

A Global Movement for Peace

Today, Rotary International continues to be a driving force for peacebuilding through its various programs and partnerships. By bringing together individuals from different backgrounds and cultures, Rotary creates opportunities for dialogue and collaboration that transcend borders.

Rotary Club Peace Projects Around the World



<https://rotaryactiongroupforpeace.org/projects/>



One of the 9 Service Partners of Rotary International

Written By:

CP Anil Changaroath, [Rotary Club of Peace Builders Singapore](#)

Member of MBBI since 2021 – Member Spotlight [All Roads lead to Peace Building](#), (4th April 2022)



<https://mediatorsbeyondborders.org/mb-bi-rotary-partnership/>

An organisation that essentially keeps the people affected by conflicts at the center of peacebuilding, with its (a) mission to build local skills for peace and promote mediation worldwide and (b) approach emphasizes inclusivity and cultural competency with its multi-disciplinary practitioners uncover and address the many contexts of conflict, including the impact of trauma on communities.

MBBI because of a strong, shared commitment to global, grassroots and community-centered peacebuilding and its global network of innovative practitioners help build Rotarian capacity to wage peace not just in the Area of Peace and Conflict Prevention, but in all Areas of Focus.

In fact at the Rotary International Convention 2022 in Houston Texas, USA - MBBI presented at four unique sessions:

(1) Managing Club Conflict: Strategies for High Performing Clubs – that addressed the ways Rotary clubs can recognise internal and external conflict and best tips to manage conflict when it arises;

(2) Climate, Equity, and the Environment: Opportunities for Collaboration and Peacebuilding - that I had the honour presenting with fellow expertise Kathy Porter (Canada) and Luis Ore (Peru);

(3) Community Mediation and Social Cohesion: Lessons from the US and Southern Africa; and.

MBBI—Rotary Partnership



(4) Building Capacity to Serve: Trauma Informed Peacebuilding in Ukraine - interactive workshop together Rotary Action Group for Peace and leaders working in Ukraine.



Click on the images to learn more about MBBI-RI and look through the Member Guide

At this year's RI Convention in Singapore, MBBI along with its Booth at the Peace Park, will be holding 2 breakout session on:

(a) Got Club Conflict? These simple tools can help! on 28 May 15:30 to 16:30 pm (at the Roselle 4712, MBS) – which I have just accepted RI's invitation to be part of the panel discussion; and

(b) Trauma & Mental Wellness in Time of Crisis - 28 May 13:00 to 14:00 hrs (at the Jasmine 3905, MBS).

Please do join us at MBBI's exciting Breakout Sessions and Booth – showcasing the extent of MBBI work, training programmes and engagements with Peace Building.

VOICES OF ROTARACTORS

by the District 3310 Rotaract Committee

District 3310 Rotaract Website:
<https://www.rotaractdistrict3310.org/>

 <https://www.facebook.com/rotaractd3310>

 <https://www.instagram.com/racd3310>



As a Rotaract leader, what are your future goals and aspirations for driving positive change within the organization? How do you plan to inspire and motivate others to embrace change and contribute to the organization's growth?

One of my primary objectives is to expand the organisation's horizon by inspiring the next generation of potential leaders. Nurturing and developing the skills of young individuals within Rotaract will not only contribute to the organisation's growth but will also create a lasting impact in our community.

To achieve this, I plan to take up the baton and introduce more new projects than what we currently have. These projects should be diverse and impactful, addressing various needs within our community. By constantly innovating and initiating new endeavours, we can keep our members engaged and excited about the positive change we strive to bring.

Moreover, I recognise the importance of networking to explore different kinds of beneficiaries.

Voices of Rotaractors is a new initiative this Rotary Year to showcase the journey and experience of some Rotaractors in our District! We will be having this special segment in some of our monthly newsletters in this Rotary Year! So do enjoy the read!

By connecting with a broader range of individuals and organisations, we can identify new opportunities to make a meaningful impact.

Building strong relationships within the community will help us understand their needs better and open doors for collaboration and support.

Leading by example is crucial in inspiring and motivating others to embrace change. I plan to participate actively in new projects and initiatives, showcasing my commitment to positive change.

Additionally, communication is vital. I intend to transparently communicate the vision behind each project, emphasising how it aligns with our overall goals and the positive impact it can have.

Creating a culture of collaboration and inclusivity is another aspect of my strategy. I want every member to feel valued and empowered to contribute their ideas. Encouraging a sense of ownership and responsibility will motivate members to actively participate in driving positive change within the organisation.

Ultimately, my goal is not just organisational growth but also each member's personal and professional development. By fostering a supportive and innovative environment, I aim to see Rotaract as a dynamic force for good, making a lasting impact on both its members and the communities we serve.

What motivated you to join Rotaract, and how has it impacted your life personally and professionally?

I joined Rotaract in University after getting pulled in by some friends. At the time, my university's Rotaract club was organising a donation drive for English storybooks books to rural schools, and my friend, Raziq, tried to get me to join charity work by telling me "you never know how much it means to someone until you see them smile, and you know it's worth it". So fine, you win Aristotle, and I joined Rotaract club, and since then I've been involved mostly with community service projects, and the biggest fulfilment is that it's nice to see the people you're doing charity work for smile.

How has Rotaract provided opportunities for networking and building relationships with fellow Rotaractors, Rotarians, and professionals in your community?

I've gotten to meet a lot of people from different backgrounds and countries that I never would have. I got to make friends from the Philippines due to a Rotaract event, and remember them telling me about how Rotaract also funded their education overseas and how much it impacted their lives, so the reach and opportunity Rotaract has is big globally. Most importantly, I think one of the biggest benefits in networking in Rotaract is I've met a lot of conscientious people, and if you're looking to surround yourself with people that really try in what they do, Rotaract is a good place, if you're of course also willing to put in the effort.

How has your involvement in Rotaract contributed to your leadership development? Can you provide an example of a leadership role or project you have undertaken within your club?

The biggest project I was involved in was a donation drive for flood victims during Covid. There was a flash flood in my hometown during Covid and I just wanted to see if we could do something. I toyed with the idea with my club President and club advisor, and they were like "Yeah we can do that, just come up with a more concrete proposal", so they pushed the ball back to me and asked me how I wanted to do this, and helped me in refining the ideas I came up with.

We ended up coordinating with some NGOs and GOs to provide relief for 30 families, and it was fulfilling. This is my personal experience, but a lot of the club advisors just want you to take the initiative. You could always have been capable



Ryan Yap
 District Rotaract Professional
 Development Director
 E-Rotaract Club of 3310

enough to do something, but sometimes you never take the first or second step without someone nudging you and telling you "Okay we can do that, what next?"

Can you share an example of a challenging situation you encountered during a Rotaract project or event? How did you handle it, and what did you learn from that experience?

It's common for people to butt heads, especially when you have larger events involving people from different backgrounds, and it's no different in Rotaract. I've had a few events where there were disagreements on how the event should be run or personal qualms (myself included), but at the end of the day I think it's important to remember the original shared goal of the project, and help remind each other what it is too. It's important in any aspect of life to be able to set aside any differences in the moment, for the moment to achieve the overarching goal your team shared.

In your opinion, what are the key elements or strategies for implementing successful and sustainable change within a Rotaract organization?

I think planning and foresight is the most important element, followed by communication. You need to give yourself ample time to try out changes and adjust accordingly after, while communicating with others to make them understand and empathise with where you're coming from and why you want to implement this change in the first place, and to also let them know that you value them enough to keep them in the loop.

Rotary Club of
Suntec City

JOYFUL TUNES AND SMILES

Music Therapy for Elders



Please click to view
[more photos](#)

Singapore is a rapidly ageing society. As of 2020, the elderly population (aged 65 and above) in Singapore numbered around 600,000, making up about 15% of the total population. This number is expected to continue growing as Singapore's population ages, with projections indicating that by 2030, one in four Singaporeans is estimated to be aged 65 and above. This demographic shift underscores the increasing importance of addressing the specific needs and challenges of the elderly population, including healthcare, social support, and mental health services.

The mental health issues affecting elders in Singapore can include depression, anxiety, dementia, and social isolation. Depression and anxiety can be prevalent due to factors such as loneliness, loss of loved ones, health issues, and adjustments to life transitions. Dementia, including Alzheimer's disease, is also a significant concern for the elderly population. Additionally, social isolation and feelings of disconnection from community and family can contribute to mental health challenges in this demographic.

It's important for elders in Singapore to have access to mental health support services, including counselling, therapy, and community programs to address these issues effectively. Building a strong support network and promoting social engagement can also be beneficial in addressing and preventing mental health issues in the elderly population.



The FRCS Eldercare Centre in Singapore, operated by the Family Service Centres under the supervision of the Ministry of Social and Family Development, provides various support services for the elderly. These services often include day care, rehabilitation, and social activities aimed at promoting wellness, preventing social isolation, and supporting the needs of the elderly. The centre also offer health monitoring, therapy programs, and opportunities for social interaction, contributing to the overall well-being of the elderly individuals in the community. Additionally, they may provide support for caregivers and families, offering respite care and guidance in caring for the elderly.

Rotary Club of Suntec City has been actively involved with the FRCS Eldercare and Caregivers centre in Bukit Batok since early days and has sponsored the reading room in the centre through the generous donations of its members.

The club has been partnering with Michelle Lee, the founder of Im Soul Inc in organising music therapy sessions for the elders at the FRCS Eldercare centre. **Im Soul Inc uses music therapy to encourage the disabled and the elderly to regain confidence in themselves.** This unique technology allows participants to use body movements to create their own melodies. This helps people to relieve their mental stressors and have a more positive outlook on life.

We have conducted 2 sessions so far and they have provided a good form of social bonding and been therapy for the elders. We look forward to conducting more such sessions in the future.



VALENTINE SPECIAL

POUR YOUR HEART

A PR Initiative by



LOVE STORIES THE WORLD NEEDS TO READ!



Read all their stories of love here

A COLLECTION OF LOVE STORIES OF AND BY MEMBERS OF ROTARY CLUB OF MARINA CITY, SINGAPORE, RID 3310



AHMSA - A FORCE OF EMPATHY AGAINST VIOLENCE AND DISCRIMINATION OF EVERY KIND

I build peace when I

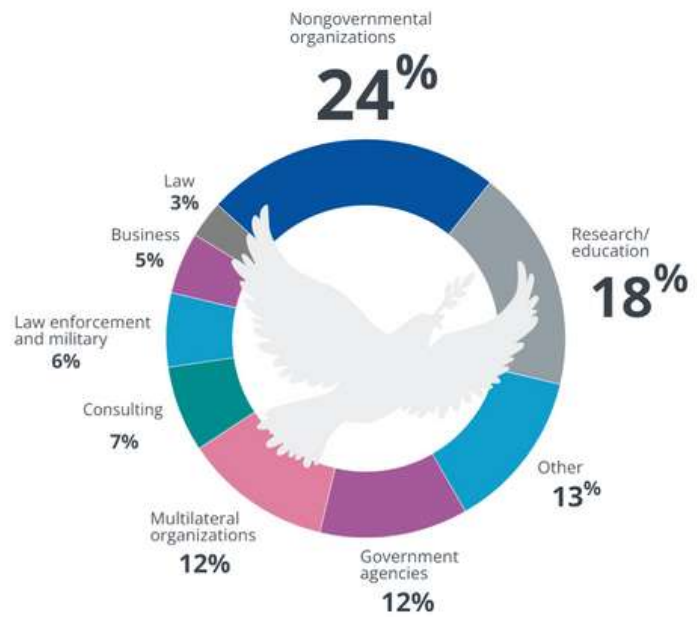
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la paix qu...

Rotary Peace Fellowships

Each year, Rotary awards up to 130 fully funded fellowships for dedicated leaders from around the world to study at one of our peace centers.

Over 1,700 Rotary Peace Centers alumni are working in 140+ countries in roles ranging from leaders of grass-roots organizations to high-level positions with national governments.

Where Rotary Peace Center alumni work



If you know a potential candidate, use our [referral form](#) so they can receive more information.

The Rotary Peace Fellowship application is now open! The 2025-26 Rotary Peace Fellowship application is available [online](#) through 15 May 2024.



[Rotary Peace Centers](#)
on Facebook

[Click to learn more on Rotary Peace Fellowships](#)

Rotary
District 3310



CREATE HOPE
in the WORLD

A DOUBLE EVENT

JOIN US IN HONORING ROTARY'S
COMMITMENT TO WORLD PEACE AND
UNDERSTANDING, AND OUR
DEDICATION TO THE ENVIRONMENT.
A FUTURE OF UNITY AND
SUSTAINABILITY



DR JOHN CHAN
DISTRICT GOVERNOR
2023-24

Mangrove
TREE PLANTING

World
PEACE AND
UNDERSTANDING DAY



SATURDAY
24 FEBRUARY 2024,
8AM - 10 AM



KOTA KINABALU
WETLAND RAMSAR SITE

Rotary Peace & Understanding Day Tree Planting

by all 9 Rotary Clubs in Kota Kinabalu



Tree planting 24th Feb 2024 attend by all 9 clubs in Kota Kinabalu attended by D3310 Environmental Sustainability Project Chair PDG Datuk Zainie and Regional Head Azalene Quadra attended by 100 Rotarians, Interactors, Rotaractors and Rotary friends and families.

150 mangrove trees and saplings were planted that day.



33RD DISCON

ROTARY INTERNATIONAL DISTRICT 3310
CONFERENCE 2024

"Celebrate Hope"



REGISTER NOW FOR FREE

CLICK PAGE TO REGISTER

THE
MALAYSIA
BOOK
of RECORDS

LARGEST GATHERING and CHOREOGRAPHED DANCE

of People in Ethnic Wear

19TH MAY 2023 | SUNDAY | 8:00AM

PANGKALAN SAPI, KUCHING

CALL FOR VOLUNTEERS

BENEFITS

- ✓ Allowance
- ✓ Meals
- ✓ E-Certificate
- ✓ T-Shirt



REGISTER AS A VOLUNTEER AT DISCON 2024 HERE:

<https://bit.ly/DISCON2024Volunteer>

For more info visit <https://www.rotarydistrict3310.org.my/33discon>

Organised by:



Supported by:



Official Venue:



Official Hotels:



Strategic Partners:



Professional Congress Organiser:





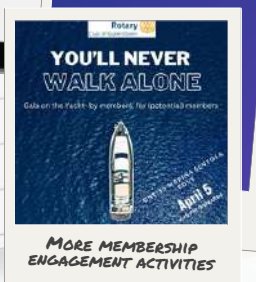
Fellowship Bowling (Sarawak)
at Megalane King Centre, Kuching on 25 February 2024



From time to time we spot little gems we'd like to highlight. **RC Queenstown, Singapore** shared their digital newsletter on [ClubRunner](#) and we picked up a few cool things that they've done and sharing it here.



We love the acknowledgement of their member's family achievement. What a great way to make a special gesture!



CLICK HERE >>

Gong Xi Fa Choi readers!

February has been about peace, love and festivities. We had joyous celebrations of Chinese New Year, of love, and of course more understanding of peace from a Rotary standpoint.

In this issue we feature the World Peace and Understanding events as well as information and knowledge of how Rotary incorporates peace efforts.

Thank you to all our contributors this month for sharing your events and knowledge.

Enjoy the read!

Peace out,

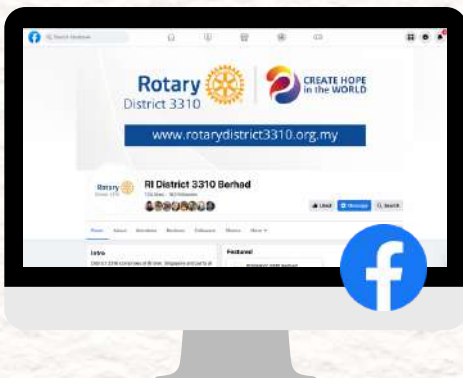
Adelina

2023-24 District Newsletter Editor



WE'RE ALSO
ON TIKTOK

[@rotary3310](https://www.tiktok.com/@rotary3310)



SHARE YOUR PROJECTS AND POSTS WITH US!

As we are only able to highlight a handful of projects in every issue, we encourage you to tag **@rotarydistrict3310** the District Facebook Page (**RI District 3310 Berhad**) with all your projects to be featured there and share the great work you're doing this term.

<https://www.facebook.com/rotarydistrict3310>

GET FEATURED IN THE NEWSLETTER!

Submit articles to share Rotary knowledge or the story of what your project is about (a little history, what it is, your partners, etc), your beneficiaries and impact, challenges faced and how you resolved them, and what you think could be helpful to share with fellow Rotarians in the District. The newsletter will be following the monthly Rotary International calendar themes.



Please send the write-up and photos to d3310.newsletter@gmail.com and larry.ong@chemsain.com if you wish to see your projects featured in an upcoming issue.

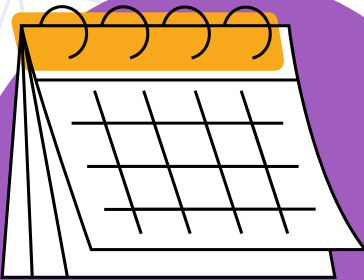


District Website

<https://www.rotarydistrict3310.org.my/>

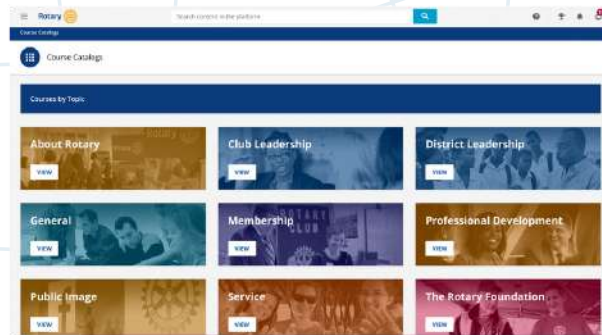
Leadership Directory

<https://www.rotarydistrict3310.org.my/member-access/leadership-directory/>



District Calendar

<https://www.rotarydistrict3310.org.my/meetings-events/dg-2023-24-calendar/>

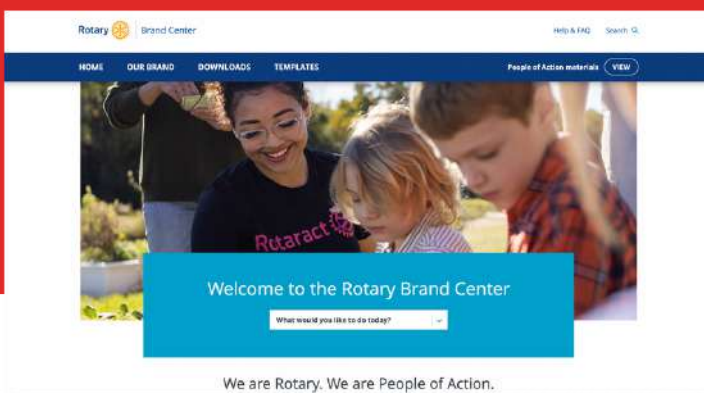


Rotary Learning Center

<https://learn.rotary.org/>

Rotary Brand Center

<https://brandcenter.rotary.org/>



My Rotary

<https://my.rotary.org/en/>

Rotary Showcase

<https://my.rotary.org/en/secure/showcase>

Grant Center

<https://grants.rotary.org/>

Rotary Voices

<https://blog.rotary.org/>

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