

# DISTRICT NEWSLETTER

## PROTECTING THE *Environment*





2023-24 DISTRICT GOVERNOR

**DR JOHN CHAN**

The month of April reminds us of the critical role we play in preserving our planet. Having worked as an environmental consultant for 30 years, I have learned that protecting our environment is fundamental to preventing many of the problems humanity faces. Environmental protection is a collective effort, and each of us has a role to play in safeguarding our natural world. Whether through local clean-up projects, tree planting initiatives, or educational programs on sustainability, every action counts. We have made Environmental Sustainability a key area of focus in District 3310.

Clubs throughout our District have carried out many impactful tree planting projects. Some have even planted mangroves, which are essential habitats for marine life and protect our shorelines against inclement weather. It's heartening to see our youth actively involved in these projects, helping them realize the importance of environmental stewardship.

I look forward to catching up at the upcoming District Conference (DISCON) in Kuching which will be followed by an attempt to set the Malaysia Book of Records for the largest gathering of people in ethnic wear performing a choreographed dance. I look forward to a strong participation in this events, showcasing our unity and cultural diversity.

Thank you for your dedication to Service Above Self and for your ongoing efforts in making a difference. Keep the good work going !

# THE CHANGE WITHIN

These are times that cry out for peace. The Middle East is in its most volatile condition in years. The war in Ukraine is the largest in Europe since World War II, and there are armed conflicts in Sudan and parts of Central Africa. Nearly every continent is experiencing a major armed conflict.

Experiencing a major armed conflict. Rotary has a vital role to play in advancing the cause of peace — I often say Rotary needs to work toward peace as aggressively as those who wish to wage war. It’s the spirit found in our vision statement: “Together, we see a world where people unite and take action to create lasting change — across the globe, in our communities, and in ourselves.” We must never lose track of that last call — that to bring about change in the world, we need to foster change within.

It is up to us to **model peacebuilding behavior among each other**. We can do better than questioning the motives of one another and jumping to the harshest possible explanation. After hearing words that might strain or offend us, we have an opportunity to ask, with compassion and curiosity, the intent of those offending words. And then we have another opportunity to repair the breach.

If we wish to be a beacon to the world, let us start by being so to one another. Let’s help each other find greater understanding and productive alternatives to words that cause hurt and distrust. And let’s stick to our principles, but never doubt the sincerity of each other to end conflicts, not inflame them.

I’m reminded of a speech that U.S. Senator Robert Kennedy made on 4 April 1968, that dreadful day when the Rev. Martin Luther King Jr. was assassinated.



2023-24 RI PRESIDENT  
**R. GORDON R. MCINALLY**

Kennedy was in Indianapolis speaking to an audience in a predominantly African American neighborhood where people had yet to learn that Dr. King had been killed. He shared the terrible news. He honored Dr. King for all he had done for the cause of justice and peace. And then he connected with the fuming, grieving crowd by saying:

**“For those of you who are Black and are tempted to be filled with hatred and distrust at the injustice of such an act, against all white people, I can only say that I feel in my own heart the same kind of feeling. I had a member of my family killed.”** It was the first time he had spoken publicly about President John F. Kennedy’s assassination. And while many American cities exploded in violence that night, Indianapolis did not.

It is in times of crisis and despair that we need empathy most of all. Empathy is the most powerful tool of peace, and it is vital if we are to take the first brave, humble steps to

**Make new connections and reunite with friends at Rotary's biggest event of the year!**



# **2024 ROTARY INTERNATIONAL CONVENTION**

**SINGAPORE | 25-29 MAY 2024**



Register today at [convention.rotary.org](https://convention.rotary.org)



**[CLICK PAGE TO REGISTER & FOR MORE INFO](#)**

APRIL IS

# *Protecting the Environment*



**Rotary shares an interest in protecting our common legacy:  
The Environment.**

We are committed to supporting activities that strengthen the conservation and protection of natural resources, advance ecological sustainability, and foster harmony between communities and the environment. We empower communities to access grants and other resources, embrace local solutions, and spur innovation in an effort to address the causes and reduce the effects of climate change and environment degradation

## HOW ROTARY MAKES HELP HAPPEN

**HELPING THE ENVIRONMENT**



**CLIMATE CHANGE**



**SAVING HABITAT**





# 33<sup>RD</sup> DISCON

ROTARY INTERNATIONAL DISTRICT 3310  
CONFERENCE 2024



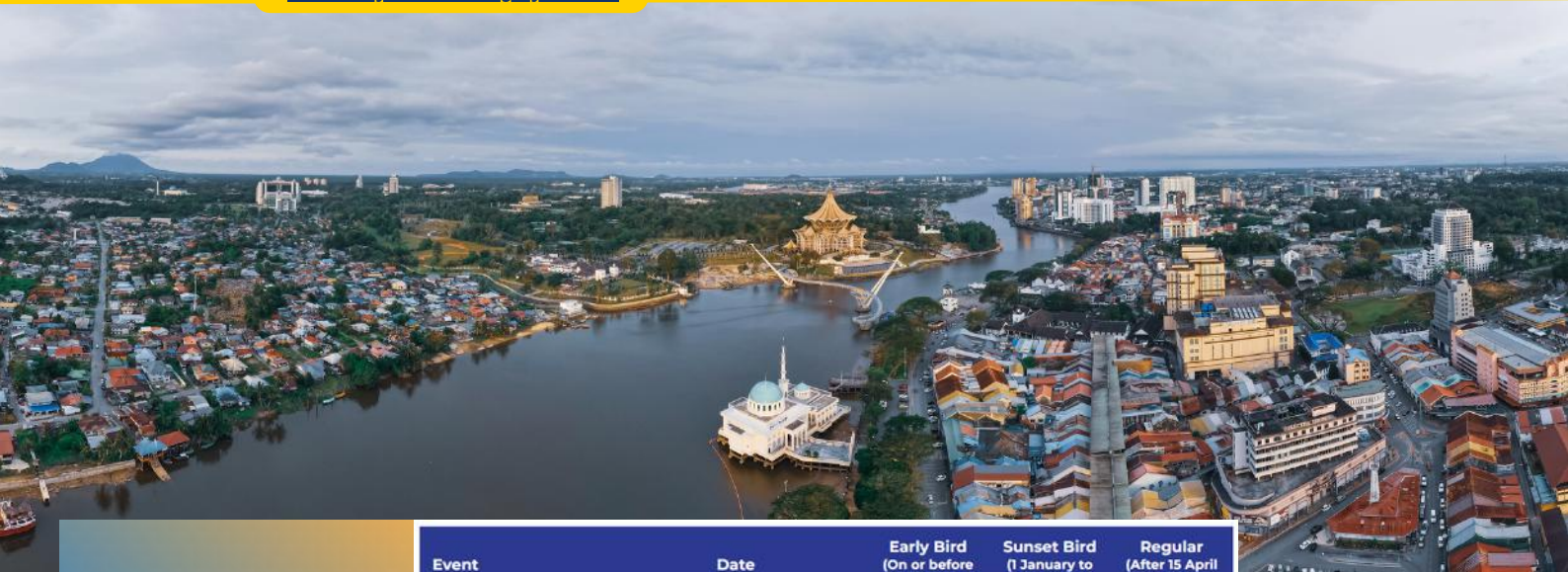
Rotary  
District 3310

CREATE HOPE  
in the WORLD

17 - 19  
MAY 2024

Conference venue:  
Riverside Majestic Hotel

[www.rotarydistrict3310.org.my/33discon](http://www.rotarydistrict3310.org.my/33discon)



## EVENT HIGHLIGHTS

Conference  
17-19 May 2024

Welcome Dinner  
17 May 2024

Partner Program  
17-19 May 2024

Governor's Banquet  
18 May 2024

## REGISTER TODAY!

Grab the sunset bird rates before it ends 15 April 2024.

Event	Date	Early Bird (On or before 31 Dec 2023)	Sunset Bird (1 January to 15 April 2024)	Regular (After 15 April 2024)
<b>District 3310</b> (Delegate) Inclusive of 1 Welcome Dinner + 1 Governor's Banquet	17-19 May 2024	RM 380	RM 430	RM 480
<b>District 3310</b> (Partners / Accompanying Persons) Inclusive of 1 Welcome Dinner + 1 Governor's Banquet	17-19 May 2024	RM 380	RM 430	RM 480
<b>Other Districts</b> (Delegate) Inclusive of 1 Welcome Dinner + 1 Governor's Banquet	17-19 May 2024	RM 480	RM 530	RM 580
<b>Other Districts</b> (Partners / Accompanying Persons) Inclusive of 1 Welcome Dinner + 1 Governor's Banquet	17-19 May 2024	RM 480	RM 530	RM 580
<b>Rotaractors</b> Inclusive of 1 Welcome Dinner + 1 Governor's Banquet	17-19 May 2024		RM 250	
<b>Golf (Reciprocal/ Members of Kelab Golf Sarawak)</b> Inclusive of buggy	17-19 May 2024		RM 160	
<b>Golf (Non Reciprocal/Non Members)</b> Inclusive of green fee, buggy and insurance	17-19 May 2024		RM 380	
<b>Additional Welcome Dinner</b>	17 May 2024		RM 120	
<b>Additional Governor's Banquet</b>	18 May 2024		RM 150	



Scan QR Code or  
[click here](#) to Register



[Click for Program at a Glance](#)



**17 MAY, FRIDAY**

# GOLF FELLOWSHIP

KELAB GOLF SARAWAK

JOIN FELLOW ROTARIANS IN A FRIENDLY MATCH TO WIN SOME EXCITING PRIZES!

\*Please bring along your reciprocal letter/card from your own club

**17 MAY, FRIDAY**

## WELCOME RECEPTION

Venue: Waterfront Walkway, Grand Margherita Hotel  
Dresscode: Smart Casual



**18 MAY, SATURDAY**

## GOVERNOR'S BANQUET

THEME: NIGHT OF THE HEADHUNTERS

Venue: Riverside Majestic Hotel Puteri Wing  
Dresscode: Formal Attire



Organised by:

Supported by:

Official Venue:

Official Hotels:

Strategic Partners:

Professional Congress Organiser:





## RC BANDAR SRI BEGAWAN AND GUESTS EXPLORE THREE SISTER WATERFALL BEFORE THEIR PROJECT

En route to the Sawa' Ali Water Project, members of the Rotary Club of Bandar Seri Begawan and their distinguished guest District Governor Dr. John Chan, PDG Henry Tan and PP Roger N visited the Three Sister Waterfalls.

The challenging descent through lush jungle offered a breathtaking view of the waterfalls, fostering a sense of camaraderie and connection with nature before continuing their journey to the project site.

The path to the falls wound steeply through a dense jungle, where the canopy of towering trees offered a welcome shield from the sun's rays.

As they navigated the uneven and slippery terrain, the air buzzed with the sounds of distant water mixed with the calls of exotic birds. Each step brought them closer to the heart of the wilderness, highlighting the raw beauty of the tropical landscape.

Upon reaching the waterfalls, the group couldn't resist the opportunity for a refreshing dip in the cool, clear waters, immersed in the natural pool, they enjoyed the soothing sounds of cascading water and the symphony of the jungle, creating a truly serene and invigorating experience.

This moment of leisure allowed everyone to truly appreciate the peacefulness and beauty of the surroundings.



## Rotary Club of Bandar Seri Begawan

Completion of the Water, Sanitation, Solar and Community Hall for Penan community.



the Rotary Club of Bandar Seri Begawan proudly announces the completion of the Water, Sanitation, Solar and Community Hall project dedicated to improving the lives of the Penan community.

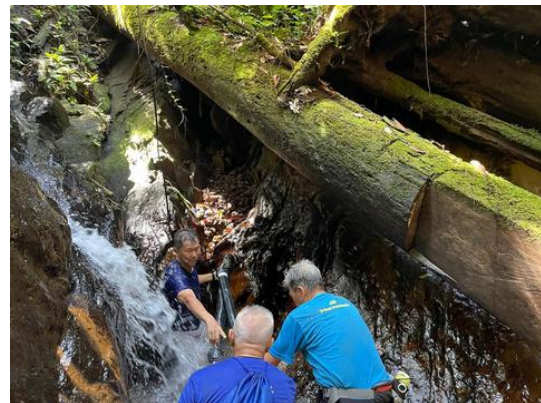
This initiative, a testament to RCBSB's commitment to sustainable development features enhanced water sanitation system, solar lighting and a new community hall that serves as a hub for local gatherings and educational activities.

The project aims to provide the Penan community with sustainable resources that will support their health education and overall well-being.

**The project was graced by the presence of our District Governor Dr. John Chan, PDG Henry Tan and PP Roger Ng** who collectively inaugurated the facilities.

Their participation highlighted the significant support and collaboration between RCBSB and its partners, under scoring a shared vision for community development and environmental stewardship.

This project not only represents a major step forward in resource accessibility for the Penans but also strengthen community ties and foster a greater understanding of sustainable practices.





# 33<sup>RD</sup> DISCON

ROTARY INTERNATIONAL DISTRICT 3310  
CONFERENCE 2024

“Celebrate Hope”



REGISTER NOW FOR FREE

CLICK PAGE TO REGISTER

THE  
MALAYSIA  
BOOK  
of RECORDS

# LARGEST GATHERING and CHOREOGRAPHED DANCE

of People in Ethnic Wear

19TH MAY 2023 | SUNDAY | 8:00AM

PANGKALAN SAPI, KUCHING

## CALL FOR VOLUNTEERS

### BENEFITS

- ✓ Allowance
- ✓ Meals
- ✓ E-Certificate
- ✓ T-Shirt



REGISTER AS A VOLUNTEER AT DISCON 2024 HERE:

<https://bit.ly/DISCON2024Volunteer>

For more info visit <https://www.rotarydistrict3310.org.my/33discon>

Organised by:



Supported by:



Official Venue:



Official Hotels:



Strategic Partners:



Professional Congress Organiser:





## Mental Health Project for Hospital Permai Johor Bahru

A project by 4 joint clubs in Johor

Hospital Permai Johor Bahru (HPJB) is the largest mental hospital in the Southern region serving more than 600 patients including adolescents. They have 4 wards of about 100 patients in total where patients there stay long term and the some patients have been there for over 25 years or more. Most of them are elderly and the oldest is 89 years. These patients were never discharged because they are not able to find their family members/relatives after they have been treated at HPJB but still need guardians to take care of their well being (take medicine on time, not fit to work etc.). These elderly patients mostly need help with mobility and hence wheelchairs and commode chairs are urgently needed after community assessments made by Rotary Club of Pontian (the organizing chair). The Adolescent's Ward needed a large SMART TV to play videos to help mental health exercises.

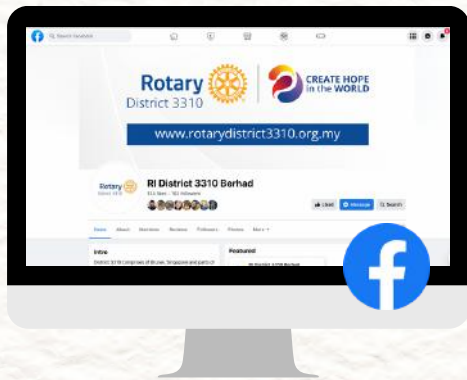
3 other clubs in Johor namely **Rotary Club of Puteri Lagoon Johor Bahru, Rotary Club of Bandar Penggaram Mandarin & Rotary Club of Johor Bahru Sentral** joined **The Rotary Club of Pontian** to make an impact with this project to benefit the old patients at Hospital Permai Johor Bahru on 19th March 2024. A total of 12 Rotarians involved in the hand over.

A total of 12 heavy duty wheel chairs, 14 Commode Chairs, a 65-inch Smart TV and stand and 4 units of digital Blood Pressure (BP) monitors were donated from the 4 clubs to make the elderly patients and the adolescent patients (13 to 18 years) comfortable.





**WE'RE ALSO  
ON TIKTOK**



## SHARE YOUR PROJECTS AND POSTS WITH US!

[@rotary3310](https://www.instagram.com/rotary3310)

As we are only able to highlight a handful of projects in every issue, we encourage you to **tag (@rotarydistrict3310)** the District Facebook Page (**RI District 3310 Berhad**) with all your projects to be featured there and share the great work you're doing this term.

<https://www.facebook.com/rotarydistrict3310>

## GET FEATURED IN THE NEWSLETTER!

Submit articles to share Rotary knowledge or the story of what your project is about (a little history, what it is, your partners, etc), your beneficiaries and impact, challenges faced and how you resolved them, and what you think could be helpful to share with fellow Rotarians in the District. The newsletter will be following the monthly Rotary International calendar themes.



Please send the write-up and photos to [d3310.newsletter@gmail.com](mailto:d3310.newsletter@gmail.com) and [larry.ong@chemsain.com](mailto:larry.ong@chemsain.com) if you wish to see your projects featured in an upcoming issue.